

THE ART OF CRAFTING A WHOLESOME AND MEANINGFUL EDUCATION AT HOME



The Art of Crafting a Wholesome and Meaningful Home Education

is my signature home education 101 course, designed to help new, suddenly-new (due to COVID 19) and veteran home educators (in need of a refresher), craft their own unique home education chapters, with ease.

This course, currently delivered as a series of 6 exclusive coaching sessions, covers everything needed to create the foundations of a wholesome and meaningful education at home. Topics include creating your educational philosophy; choosing the right curriculum, structuring your daily/weekly rhythm, understanding your child's learning style, igniting their passion for learning and creativity; cultivating the ideal learning atmosphere both within and outside your home. Additional sessions such as ***Soul Care for the Life-Giving Parent*** and ***Navigating the 'S' word for New Home Educators***, will be offered at a later date.

The course draws from a mix of educational approaches from Charlotte Mason, Susan Wise-Bauer, John Holt and Juliet Bogart to offer participants an eclectic menu of theories, tools, know-how within an interactive and practical context, to empower parents to craft their unique home education journey with confidence.

Ultimately, this course will equip you with the key tools, insight and practical know-how necessary to launch you straight into the driving seat of cultivating an edifying education that promotes wonder, excellence and harmony in your home.

ABOUT HOMEGROWN SONSHINE

Homegrown Sunshine™ is a London based home education consultancy dedicated to helping parents new to home education navigate and craft their unique home learning journeys, with confidence, peace and ease.

We offer a rich menu of inspiring content, learning resources, events and personal coaching service to help parents design wholesome and well-rounded curricula that educate the whole child for the future.

Our vision is to inspire and support parents and caregivers to be intentional in raising considerate, confident, creative and well-rounded future leaders from the comfort and safety of their homes.

Visit us at www.homegrownsonshine.co.uk to learn more.

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SESSION ONE: DEVELOPING YOUR EDUCATION PHILOSOPHY

In this session, I work with you to unpack your religious or philosophical worldview to determine the best educational philosophy or a blend of a few to inform your child's education.

What you can expect from this session:

- By the end of the session, you would have been well informed about 3 key educational philosophies and approaches.
- Shortly after the session, you will be sent a two-page document which outlines the key values, objectives, style and approaches to inform your home education. This document is often required by the local education authorities if at any point you are required to notify them of your decision to home educate your child.

SESSION TWO: DESIGNING YOUR FIRST ANNUAL CURRICULUM

Using your education philosophy from the previous session, I will work with you to explore a variety of curricula options based on your child's age, abilities and interests.

What you can expect from this session:

By the end of the session, you would have reviewed a few curriculum options in line with your educational philosophy as well as be given an interactive tutorial on the key elements that make up a holistic curriculum.

Shortly after the session, you will be sent:

- A 3 part termly curriculum outline which leaves room for you to personalise with your specific details, resources and creative activities.
- An exclusively curated resource list designed specifically to signpost you to appropriate resources, including subject curriculum, books and age appropriate activities that correspond with your selected curriculum.

SESSION THREE: MAPPING YOUR HOME ED STRUCTURE & RHYTHMS

In this session, I will work with you to understand the patterns of your family's unique context and lifestyle and in particular, the patterns of your daily rhythms in order to design a personalised daily and weekly schedule that naturally flows with your daily rhythm.

What you can expect from this session:

- At the end of the session, you would have understood how to create wholesome home education schedules that work for the whole family.
- Shortly after the session, you will be sent a personalised daily and weekly schedule/routine template.

"EDUCATING THE MIND WITHOUT EDUCATING THE HEART IS NOT EDUCATION AT ALL."

-ARISTOTLE

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SESSION FOUR: MORNING RITUAL: CAPTURING YOUR CHILDREN'S IMAGINATION

In this interactive workshop style session, I will draw from your educational philosophy to curate a personalised menu of Morning Time resources, using the Homegrown Sunshine resource pack. I will then work with you to demonstrate how to do morning time within your unique family setting. You will be given an opportunity during the session, if required, to have ago reflect and self-correct within a safe setting.

What you can expect from the session

- At the end of the session, you would have been equipped with skills to capture your child imagination through the power of storytelling, and in so doing support your child's education by ushering in ideas like beauty, truth and goodness.
- Shortly after the session, you will be sent a free one-month subscription of my carefully designed Morning Time Resource Pack which includes a well thought out selection of affirmations, prayers, songs, poems, folktales which specifically align with your educational philosophy.

SESSION FIVE: IGNITING THE SPARK FOR LEARNING AND CREATIVITY

I will work with you to identify your child's unique areas of interests and preferred learning styles. This information will then be used to design an individualised creative learning plan suited to your child's skills, interests and learning styles. The session will also include a brief tutorial providing you with tips and techniques on how to teach your child creative learning through play.

What you can expect from this session

By the end of this session, you would have been coached and guided on how to facilitate your child's passion for learning through creative learning.

Shortly after this session, you will be sent an exclusively curated creative learning resource list of subject based books, curriculum, subscriptions, project ideas, how to videos, podcasts and other online resources.

SESSION SIX: CULTIVATING YOUR IDEAL LEARNING ATMOSPHERE

In this interactive tutorial session, I work with you to unpack the value of cultivating an inspiring atmosphere for learning in your home. Drawing from Charlotte Mason's method and Juliet Bogart's idea of enchantment, I will coach you on how to inspire the love of learning and the habit of excellence in your child by attempting to cultivate beauty and wonder within your homes and through nature exploration.

What you can expect from this session

At the end of this session, you would have been coached and guided to create a vision board of your ideal learning environment with clear goals of how to achieve said vision.

"EDUCATION IS AN ATMOSPHERE. A DISCIPLINE. A LIFE"

-CHARLOTTE MASON

FEES: Each session in this exclusive 6-part course is currently offered on Zoom at £60. Clients who book the full 6 weeks block in advance will receive a generous discount of £15, by paying a fee of £345 instead of £360. To book your place now, please contact Alberta at alberta@homegrownsonshine.co.uk or on 07883 449 466

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ALBERTA STEVENS

Our courses and resources are currently designed and delivered by Alberta Stevens, Founder and CEO of Homegrown Sunshine™. Alberta is passionate about helping others, especially mums live more meaningful and courageous lives whilst pursuing personal fulfilment within community. Prior to becoming a home educator, she juggled motherhood with a senior corporate responsibility role linking charities with highly-skilled corporate volunteering opportunities.

As much as she enjoyed the twenty years spent managing and designing innovative learning programs for corporate executives, community groups, university and secondary school students in the UK and the Middle East; that experience now pales in comparison to the fulfilment she has in helping mums thrive in home educating their children.

Alberta is also CIPD certified trainer, previous university lecturer with a background in Human Rights, Politics and Marketing. Now she spends her free time feasting on books on home education, mother culture and spiritual formation.

TESTIMONIALS

"I am honored to have worked with Alberta and witnessed first-hand her skills in the creation of curriculum, learning materials and dynamic youth empowerment activities. She is a motivator and researcher who truly knows her subjects. She creates powerful educational materials which provide opportunities for parents and caregivers to engage in life-long learning and skill development"

Jennifer- past colleague, teacher and mother

"I am always deeply moved by her holistic approach to education that seeks to nourish and develop the whole child and the family unity"

Angela Miller, Home Ed Parent

Watching this Mother and Son journey of the Home educational life of Homegrown Sonshine™, has been nothing short of amazing.

The education is presented in a holistic form, combining mind, body and soul. Home education is no mean feat and achieving a balance that works for parent and child is difficult. These method and practice will help you achieve all

—Linda, parent